RECOVERY-ORIENTED SYSTEMS OF CARE: THE U.S. EXAMPLE
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Recovery-Oriented Systems of Care: 
The U.S. Example 

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“Building resilience... Facilitating recovery... A life in the community for everyone”
Making the hope of recovery a reality...
Today’s Topics

- Continuum of Care Framework
- Recovery Defined
- Recovery-Oriented Systems of Care
- Program Example #1: Access to Recovery
- Program Example #2: Recovery Community Services Program
- Conclusions
Continuum of Care

- Prevention/Wellness
  - Identification of Substance Use Conditions
  - Initiation and Engagement in Treatment
  - Therapeutic Interventions to Treat Substance Use Illness
  - Continuing Care Management of Substance Use Illness
What is Recovery?

Recovery from alcohol and drug problems is a process of change through which an individual achieves abstinence and improved health, wellness and quality of life.
Recovery-Oriented Systems of Care

- Recovery
- Systems of Care
- Services & Supports
- Individual
- Family
- Community

- Abstinence
- Substance Abuse Services System
- Alcohol/Drug Services
- Vocational
- Mental Health
- Health Care
- HIV Services
- Primary Care System
- Vocational Services
- Criminal Justice System
- DoD & Veterans Affairs
- Indian Health Services
- Social Services
- Child Welfare and Family Services
- Family/Child Care
- Educational
- Housing/Transportation
- Social
- Spiritual
- Financial
- Legal
- Peer Support
- Case Mgt
- Health Insurance
- Education System
- HIV Services
- Retention Vocational Services

- Evidence-Based Practice
- Cost Effectiveness
- Perception Of Care
- Employment
- Reduced Crime
- Safe & Drug-free Housing
- Wellness
- Health
- Access/Capacity
- Social Connectedness

Ongoing Systems Improvement
Program Objectives

• Increase available treatment and recovery support services (including faith-based)

• Expand access to these services

• Provide client choice through use of electronic “vouchers”
Historical Overview

• Began in 2004 as a “Presidential Initiative”
• $300 million over 3 years.
• 2004: Grants awarded to 14 U.S. States and 1 Tribal Organization.
• 2007: Grants awarded to 19 States and 5 Tribal Organizations.
Access to Recovery-II
(2007-2010)

Green: ATR State Grant
Yellow: Tribal Organization Grant
Stripes: Both State and Tribal Grant
All service providers are required to adhere to standards established by the State or Tribal Organization.
The Role of Faith-based Community Organizations

- Expand service choice for clients who desire a more spiritual approach to their recovery.
- Trustworthy source of services.
Electronic Voucher System
### Examples of Voucher-Covered Services

<table>
<thead>
<tr>
<th>Clinical Treatment</th>
<th>Recovery Support Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Screening</td>
<td>• Employment coaching</td>
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<tr>
<td>• Brief intervention</td>
<td>• 12-step groups</td>
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<tr>
<td>• Treatment planning</td>
<td>• Recovery coaching</td>
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<tr>
<td>• Group counseling</td>
<td>• Traditional healing</td>
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<tr>
<td>• Case management</td>
<td>• Transportation</td>
</tr>
<tr>
<td>• Pharmacological interventions</td>
<td>• Peer support</td>
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<tr>
<td>• HIV counseling</td>
<td>• Spiritual support</td>
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<tr>
<td>• Co-occurring treatment</td>
<td>• Family services</td>
</tr>
<tr>
<td></td>
<td>• Sober housing</td>
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</tbody>
</table>
Advantages of An Electronic Voucher System

• Reduce paperwork.
• Improve referral process for clients.
• Enhance data collection on client outcomes.
• Increase accountability by tracking clients through the system.
What’s on an Issued Voucher?

- Client Identification
- Service Type
- Provider Identification
- Not To Exceed (NTE) Amount
- Date Voucher Issued
- Date Voucher Expires
What’s on a Redeemed Voucher?

- Provider
- Actual Services Delivered
- Actual Dates of Service
- Actual Reimbursement Claim
- Signatures
Data Collection

• Financial Information

• Service Performance

• Client Outcomes
National Outcome Measures

- Abstinence from Substance Use
- Criminal or Juvenile Justice Involvement
- Employment/Education
- Social Support of Recovery
- Living Conditions (housing)
Outcomes

• Clients reporting no substance use increased 51.1%
• Clients reporting no arrests increased 4.8%
• Clients reporting being employed increased 41.6%
• Clients reporting being socially connected increased 2.5%
• Clients reporting being housed increased 20.4%
Services and Voucher Data

• 89% of clients received Recovery Support Services
• 48% of funds redeemed for Recovery Support Services.
• 29% of dollars paid have been to faith-based organization.
• Faith-based organizations account for 32% of Recovery Support and 29% of Clinical Treatment providers.

SAMHSA, June 2009
Technical Assistance Provided

- Billing and documentation
- Business practices and procedures
- Reimbursement processes
- Working with substance abusing clients
- Data collection and other reporting requirements
Recovery Community Services Program
Program Objectives

• People in recovery providing support services to prevent relapse and sustain recovery.

• Promote a sense of self-worth, links to social supports, and quality of life.

• Tailored to local needs identified by community members.
Services Offered

- Peer-led recovery support groups and meetings.
- Recovery “mentoring”.
- Case management, information, and referral.
- Recovery education programs.
- Alcohol- and drug-free social and recreational activities.
Outcomes

- Clients reporting no substance use increased 18.6%
- Clients reporting no arrests increased 1.1%
- Clients reporting being employed increased 30.0%
- Clients reporting being housed increased 29.3%

SAMHSA, November 2009
Recovery-Oriented Systems of Care: Conclusions

- Person-Centered
- Continuum of Care
- Culturally Responsive
- Integrated Services
- Outcomes Driven
- Evidence-Based
- Adequately and Flexibly Financed
Thank You!

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